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| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| Classes in **BLACK** are - In Studio + Live Stream  Classes in **BLUE** are - In Studio only  Classes in **RED** are - Live Stream only    Please register for classes in advance: www.241fitness.com - or - the Mindbody app. Text or call #774-836-2212 if class links are not received 30 minutes prior to class. | | | | | | 1  8:30A ZUMBA  9:30A Gentle Yoga  10:45A Aerial Yoga |
| 2  8:30A 20/20 | 3  8:30A 20/20/20        4:30P Full Body Fusion  5:30P Cardio Sculpt | 4  8:30A ZUMBA        4:30P Cardio Step  5:30P Gentle Yoga | 5  8:30A Full Body Fusion        4:30P TRX  5:30P DanzeFit | 6  8:30A Group RIP        4:30P H.I.I.T.  5:30P 20/20/20 | 7  8:30A Fit over 50        4:30P Barre | 8  8:30A ZUMBA  9:30A Gentle Yoga  10:45A Aerial Yoga |
| 9 **CLOSED** | 10  8:30A 20/20/20        4:30P Full Body Fusion  5:30P ZUMBA | 11  8:30A ZUMBA        4:30P Cardio Step  5:30P Gentle Yoga | 12  8:30A Full Body Fusion        4:30P TRX  5:30P DanzeFit | 13  8:30A Group RIP        4:30P H.I.I.T.  5:30P 20/20/20 | 14  8:30A Fit over 50        4:30P Barre | 15  8:30A ZUMBA  9:30A Gentle Yoga  10:45A Aerial Yoga |
| 16  8:30A 20/20 | 17  8:30A 20/20/20        4:30P Full Body Fusion  5:30P Cardio Sculpt | 18  8:30A ZUMBA        4:30P Cardio Step  5:30P Gentle Yoga | 19  8:30A Full Body Fusion        4:30P TRX  5:30P DanzeFit | 20  8:30A Group RIP        4:30P H.I.I.T.  5:30P 20/20/20 | 21  8:30A Fit over 50        4:30P Barre | 22  8:30A ZUMBA  9:30A Gentle Yoga  10:45A Aerial Yoga |
| 23  8:30A 20/20 | 24  8:30A 20/20/20        4:30P Full Body Fusion  5:30P ZUMBA | 25  8:30A ZUMBA        4:30P Cardio Step  5:30P Gentle Yoga | 26  8:30A Full Body Fusion        4:30P TRX  5:30P DanzeFit | 27  8:30A Group RIP        4:30P H.I.I.T.  5:30P 20/20/20 | 28  8:30A Fit over 50        4:30P Barre | 29  8:30A ZUMBA  9:30A Gentle Yoga  10:45A Aerial Yoga |
| 30  8:30A 20/20 |  | | | | | |