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| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| Classes in **BLACK** are - In Studio + Live Stream  Classes in **BLUE** are - In Studio only  Classes in **RED** are Live Stream only    Please register for ALL classes at: www.241fitness.com or through the Mindbody APP | | | | | 1  8:30A Fit over 50          5:00P Barre | 2  8:30A ZUMBA  9:30A Gentle Yoga  10:45A Aerial Yoga |
| 3  8:30A 20/20 | 4  8:30A 20/20/20            4:30P Full Body Fusion  5:30P Body Sculpt | 5  8:30A ZUMBA            4:30P Cardio Step  5:30P Gentle Yoga | 6  8:30A Full Body Fusion            4:30P TRX  5:30P DanzeFit | 7  8:30A Group RIP        5:00P Interval Training | 8  8:30A Fit over 50          5:00P Barre | 9  8:30A ZUMBA  9:30A Gentle Yoga  10:45A Aerial Yoga |
| 10  8:30A 20/20 + Pound | 11  8:30A 20/20/20            4:30P Full Body Fusion  5:30P Body Sculpt | 12  8:30A ZUMBA            4:30P Cardio Step  5:30P Gentle Yoga | 13  8:30A Full Body Fusion            4:30P TRX  5:30P DanzeFit | 14  8:30A Group RIP        5:00P Interval Training | 15  8:30A Fit over 50          5:00P Barre | 16  8:30A ZUMBA  9:30A Gentle Yoga  10:45A Aerial Yoga |
| 17  8:30A 20/20 | 18  8:30A 20/20/20            4:30P Full Body Fusion  5:30P Body Sculpt | 19  8:30A ZUMBA            4:30P Cardio Step  5:30P Gentle Yoga | 20  8:30A Full Body Fusion            4:30P TRX  5:30P DanzeFit | 21  8:30A Group RIP        5:00P Interval Training | 22  8:30A Fit over 50          5:00P Barre | 23  8:30A ZUMBA  9:30A Gentle Yoga  10:45A Aerial Yoga |
| 24  8:30A 20/20 + Pound | 25  8:30A 20/20/20            4:30P Full Body Fusion  5:30P Body Sculpt | 26  8:30A ZUMBA            4:30P Cardio Step  5:30P Gentle Yoga | 27  8:30A Full Body Fusion            4:30P TRX  5:30P DanzeFit | 28  8:30A Group RIP        5:00P Interval Training | 29  8:30A Fit over 50          5:00P Barre | 30  8:30A ZUMBA  9:30A Gentle Yoga  10:45A Aerial Yoga |
| 31 **CLOSED** |  | | | | | |